

# SPECTROPHOTOMETRIC METHOD FOR SIMULTANEOUS DETECTION OF NITRATE AND NITRITE

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## SPEKTROFOTOMETRIJSKA METODA ZA ISTOVREMENU DETEKCIJU NITRATA I NITRITA

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### SAŽETAK

Koncentracija azot monoksida može se meriti brojnim metodama, ali kratak poluživot i niske izmerene vrednosti azot monoksida umanjuju im praktični značaj, te ostaju nepodesne za kliničku primenu. Nedostaci pomenutih metoda mogu se eliminisati merenjem stabilnih metabolita NO, kao što su nitriti i nitrati. U ovom radu opisali smo modifikaciju metode koja se zasniva na redukciji NO<sub>3</sub> i simultanoj detekciji svih krajnjih produkata oksidacije NO. Nivo nitrita i nitrata je određivan u serumu dodrovoljnih, zdravih davalaca. Serum je pre izvođenja testa deproteinizovan. Redukcija nitrata u nitrite postignuta je vanadijumom(III). Za merenje koncentracije nitrita korišćena je kolonimetrijska detekcija sa Griess-ovim reagensom. Koncentracija nitrata izračunavana je kao razlika koncentracije ukupnih NO<sub>x</sub>, određene u prisustvu VCl<sub>3</sub> i Griess-ovog reagensa, i koncentracije NO<sub>2</sub>, merene samo u prisustvu Griess-a. Na osnovu dobijenih rezultata, zaključili smo da je metoda osetljiva do 0,5 μM NO<sub>3</sub> i može se primenjivati na brojnim tečnostima uključujući serum, plazmu i supernatant kulture ćelija. Memi opseg metode značajno je veći pri upotrebi HCl u Griess-ovom reagensu, u odnosu na H<sub>3</sub>PO<sub>4</sub>. Sa druge strane, bez obzira na sastav Griess-ovog reagensa (HCl ili H<sub>3</sub>PO<sub>4</sub>), memi opseg metode je širi kada se reagensi inkubiraju na 37°C.

**Ključne reči:** azot monoksid, nitrati, nitriti, vanadijum(III), Griess-ov reagens.

### ABSTRACT

Concentration of nitric oxide can be measured by variety of methods. Its short half life and values of low detectability decrease clinical importance of these methods. Deficiencies of methods used for NO measurement can be eliminated by measurement of stable NO products such as nitrites and nitrates. In this study we have modified a method for simultaneous evaluation of nitrate and nitrite concentrations.

Human sera were collected from blood donor volunteers. Before testing the samples were deproteinized. Reduction of nitrate was achieved with vanadium(III). Nitrite concentration was measured by Griess reaction. The nitrate concentration was calculated as difference of NO<sub>x</sub> (nitrites and nitrates), determined in presence of vanadium(III) and nitrites concentration. This assay has shown sensitivity to 0,5 μM NO<sub>3</sub> and is useful in variety of fluids including serum, plasma and cell culture media.

We have examined the influence of various factors on detection of NO<sub>x</sub>, such as reagent composition, volume, and temperature. The method has shown higher sensitivity when Griess reagent with HCl was used, compared to use of Griess reagent with H<sub>3</sub>PO<sub>4</sub>. It has been also noticed that regardless of which Griess reagent composition was used, sensitivity of this reaction was higher when samples were incubated at 37°C instead at 25°C. All incubations lasted 30 minutes.

**Key words:** nitric oxide, nitrate, nitrite, vanadium(III), Griess reagent.

### INTRODUCTION

Nitric oxide (NO) is a short-life mediator of numerous physiological processes from neurotransmission, muscle relaxation and vasodilatation to antipathogenic and tumoricidal responses (1–5). Biosynthesis of NO from L-arginine by participation of oxygen is only possible in cells that provides NOS activity (Nitric Oxide Synthase) (6). There are two NO synthase enzymes: constitutive cNOS, in endothelial cells, which produces small quantity of NO without induction and inducible iNOS, which on stimulation synthesizes large amount of NO (7). Overproduction of NO can be a promoter of variety of diseases (8–9). That is the main reason for development of reliable techniques for detecting NO production.

Although NO concentration can be measured by many methods (chromatography, electron paramagnetic resonance, electrochemistry) (10), the short half-life and low concentrations of NO (11) reduce the practical significance of these tests, making these procedures unsuitable for clinical use as well as for scientific purposes. Deficiency of mentioned methods can be eliminated by measuring the stable NO metabolites, in particular nitrite (NO<sub>2</sub>) and nitrate (NO<sub>3</sub>).

Nitrites (NO<sub>2</sub>) are representing the stable, final product of the oxidation of NO in aqueous solution (12). Nitrates (NO<sub>3</sub>) are formed by reaction of NO with oxyhemoglobin or superoxide (reaction of oxidation) (13,14). In addition, nitrites are converted to nitrates by oxyhemoglobin (12–15). Consequently, plasma, serum and urine, as mediums with oxyhemoglobin and superoxide, predominantly contain nitrates, while significant nitrites can accumulate in non-heme-containing fluids such as cerebrospinal (16).

The simplest and most frequently applied method for detection of nitrite anions employs colorimetric detection with Griess reagent, reagent that makes purple azo-colors with nitrites.

Since the conventional Griess reaction has limitations regarding sensitivity (1–5 mM) (17) and inability to detect NO<sub>3</sub> (which doesn't undergo diazotisation), several modifications have been adapted. The detection limit of the assay can be enhanced (linear to 0.2 μM NO<sub>2</sub>) (18) by substitution of dapsone for sulfanilamide. Additionally, the total concentration of oxidative endproduct of NO can be determined by converting (reduction) NO<sub>3</sub> to NO<sub>2</sub>.

Reduction of  $\text{NO}_3$  to  $\text{NO}_2$  is usually achieved with reducing metals such as cadmium (19) or enzymatically through use of bacterial  $\text{NO}_3$  reductase.  $\text{NO}_3$  reduction by cadmium involves handling of a toxic metal. Moreover, cadmium is a relatively nonspecific reducing agent and shows unsatisfactory activity at low concentrations of  $\text{NO}_3$  (18). Reliability and safety favor the use of nitrate reductase over cadmium. The sensitivity of this assay extends to the low range, under  $1\mu\text{M}$ , which is generally sufficient for measurement of  $\text{NO}_2$  and  $\text{NO}_3$  in serum, plasma and urine as well as in iNOS-containing cell culture media. A disadvantage of this method is interference of NADPH with the Griess reaction, what can be a reason of measurement failures (20).

In this assay we described the modified method (Miranda et al. 2001) that combines reduction of  $\text{NO}_3$  and measurement of  $\text{NO}_2$  in a single step. Reduction is achieved with vanadium(III), which has a reduced toxicity in comparison with cadmium and does not require removing before measurement of  $\text{NO}_2$ . Vanadium(III) is routinely used to reduce  $\text{NO}_3$  to  $\text{NO}$  at temperatures exceeding  $80^\circ\text{C}$  for chemiluminescent detection (21).

However, at reduced temperatures,  $\text{NO}_3$  reduction is finishing by  $\text{NO}_2$  formation. Adding the Griess reagents eliminates requirement for chemiluminescent detecting, but also enables convenient simultaneous detection of  $\text{NO}_2$  and  $\text{NO}_3$ .

## MATERIAL AND METHODS

### Serum Preparation

Human sera, collected from blood donor volunteers, were stored at  $-70^\circ\text{C}$  until use. The serum was deproteinized before testing. Protein precipitation was achieved by two methods:

**Protein precipitation by alcohol.** In  $1500\mu\text{l}$  tubes was added  $100\mu\text{l}$  of plasma and  $900\mu\text{l}$  of mixture methanol-diethyl ether (3v/1v). Extracts were incubated on room temperature over night, and then centrifugated five minutes at  $13000\text{rpm}$  (Eppendorf 5415D, Eppendorf, Germany). Supernatant was transferred to another tube and frozen on  $-20^\circ\text{C}$  until use. Just before testing extracts were defrosted and centrifugated two minutes at  $15000\text{rpm}$  with aim to get more lucid sample.

**Protein precipitation by acid solution.** In  $1500\mu\text{l}$  tubes was added  $100\mu\text{l}$  of 3M perchloric acid,  $400\mu\text{l}$  of 20M EDTA and  $200\mu\text{l}$  of serum. Extracts were incubated in ice 20 minutes followed by occasional mixing and then centrifugated at  $13000\text{rpm}$  for five minutes. To supernatants, transferred into another tubes, was added  $120\mu\text{l}$  2M kalium-carbonate to neutralize extracts. The neutralized extracts were stored at  $-20^\circ\text{C}$  until testing. Just before use they were defrost and centrifugated in order to reduce potassium-perchlorate particules presence.

### Nitrate and nitrite analysis

Experiments were performed at room temperature ( $25^\circ\text{C}$ ) and at  $37^\circ\text{C}$ . Nitrate standard solution was serially diluted ( $200$ – $1.6\mu\text{M}$ , final concentration after adding other reagenses  $67$ – $0.5\mu\text{M}$ ) in a 96-well, flat-bottomed, polystyrene microtiter plate (MTP), in final volume of

$100\mu\text{l}$ . The diluting medium (destilated aqua) was used as the standard blank. After loading the plate with serum samples ( $100\mu\text{l}$ ), addition of  $\text{VCl}_3$  ( $100\mu\text{l}$ ) to each well was rapidly followed by adding of fresh Griess reagent ( $100\mu\text{l}$ ). Reduction of nitrate to nitrite require acidic environment. Because of this the detecting solution (Griess), with low pH value, was applied during reduction. Presence of Griess reagent prevented loss of signal which could be caused by diffusion of  $\text{NO}$  from the solution. Sample blank consisted of diluting medium and Griess reagent. Nitrites were measured on similar way as nitrates. Nitrites measurement in comparizon to nitrates detection differ in adding of  $\text{VCl}_3$ . Actually, samples and nitrite standards were only exposed to Griess reagents. In either case the absorbance was measured at  $540\text{ nm}$  (Multiplate Reader 230S, Organon) following 30 min. incubation. Concentrations of  $\text{NO}_x$  ( $\text{NO}_3 + \text{NO}_2$ ) and  $\text{NO}_2$  in samples were determined using Xia software for data analysing, based on standard curvature, which was got by linear regression of absorbance values for each standard reduced for blank values. It is therefore allowed to determine the nitrite and total  $\text{NO}_x$  concentrations for a particular sample in the same MTP so that the conditions are identical for each measurement. These values were then subtracted to give the nitrate concentration.

### Chemicals

N(1-Naphthyl) ethylene-diamine dihydrochloride (NEDA), sulfanilamide (SULF), vanadium(III) chloride ( $\text{VCl}_3$ ), (Sigma, Germany), hydrochloric acid (HCl), phosphoric acid ( $\text{H}_3\text{PO}_4$ ), methanol, diethyl ether, perchloric acid ( $\text{HClO}_4$ ), EDTA, potassium-carbonate ( $\text{K}_2\text{CO}_3$ ), (Zorka-Sabac, SCG).

### Stock Solutions

Saturated solution of  $\text{VCl}_3$  ( $400\text{ mg}$ ) was prepared in  $1\text{ M HCl}$  ( $50\text{ ml}$ ). Excess solid was removed with a nylon-66 syringe filter, and the blue solution was stored in the dark at  $4^\circ\text{C}$  for less than two weeks. Development of a lighter blue color indicated oxidation, after which the solution was discarded.

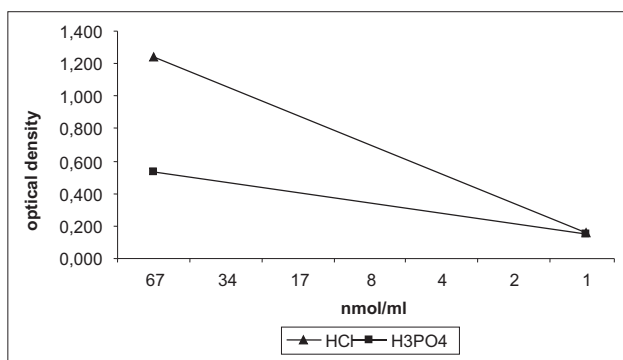
Griess-reagent was prepared *ex tempore*, just before the experiment by mixing equal amounts of stocks: 2% (w/v) sulfanil-amide, dissolved in 5% HCl or  $\text{H}_3\text{PO}_4$  and 0,1% (w/v) aqueous solution of N-(1-naphthyl) ethylene-diamine, dihydrochloride (NEDA). Complete dissolution of SULF required stirring and heating. Solution was left through night on room temperature, after which solution was filtered to remove trace particules. Both solutions were stable for several months when stored in the dark at  $4^\circ\text{C}$  and were discarded if colored.

Nitrite and nitrate solutions in  $\text{H}_2\text{O}$  ( $10\text{mM}$ ) were prepared fresh daily.

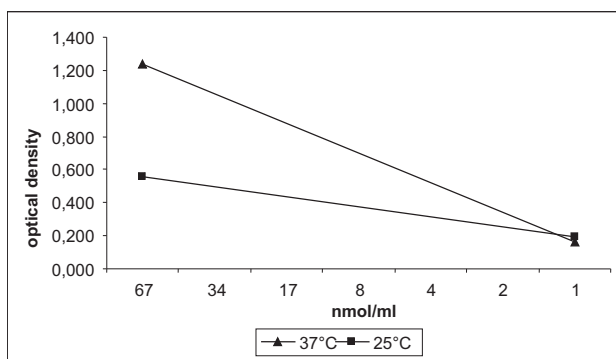
## RESULTS AND DISCUSSION

Assay sensitivity and dependence on temperature and reagent composition. Standard curves of serially diluted nitrate concentrations are represented in Fig. 1. Extinctions represented  $\text{NO}_3$  concentrations from  $0.5$  to  $67\mu\text{M}$  (after triple dilution of start concentrations).

The assay sensitivity was increased by substitution of HCl for H<sub>3</sub>PO<sub>4</sub> in the Griess reagents followed by incubation either at room temperature (25°C) either at 37°C. Namely, extinction range in presence of HCl was from 0.161–1.240 while in presence of H<sub>3</sub>PO<sub>4</sub> was significantly lower (0.149–0.326) (Figure 1). On the other hand, sensitivity of method was higher at 37°C incubation irrespectively on Griess-reagent composition (HCl, or H<sub>3</sub>PO<sub>4</sub>). In presence HCl extinctions of standards with the highest concentration were significantly higher at 37°C than at room temperature incubation (1.240 vs 0.556). Differences were observed even when H<sub>3</sub>PO<sub>4</sub> was used instead of HCl (0.326 vs 0.258) (Figure 2). All MTP were incubated for 30 minutes.



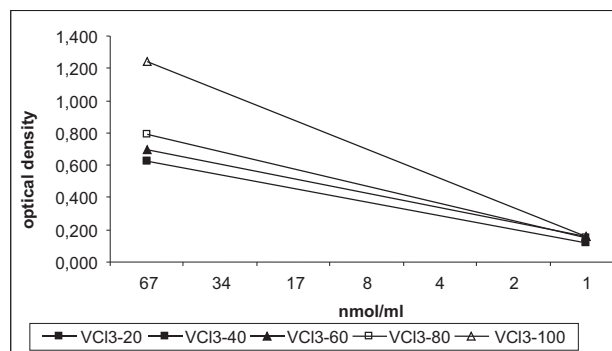
**Figure 1.** NO<sub>3</sub> reduction and NO<sub>x</sub> detection by VCl<sub>3</sub>/ Griess method. NO<sub>3</sub> standards (0.5–200μM) after 30 min. incubation at 37°C, using Griess reagent containing 5% HCl, respectively 5% H<sub>3</sub>PO<sub>4</sub>.



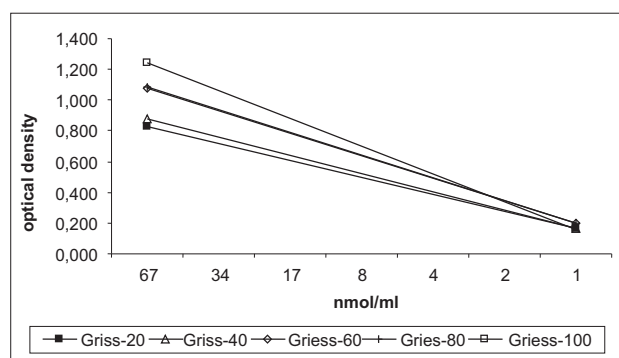
**Figure 2.** NO<sub>3</sub> reduction and NO<sub>x</sub> detection by VCl<sub>3</sub>/ Griess method. NO<sub>3</sub> standards (0.5–200μM) after 30 min. incubation at 25°C, using Griess reagent containing 5% HCl, respectively 5% H<sub>3</sub>PO<sub>4</sub>.

**Influence of varied reagent volume.** Equivalent volumes of standard/sample, reducing agent and Griess reagents (300 ml total), effectively reduce the NO<sub>x</sub> concentrations by threefold. The intensity of the detection could be modified by altering the volume of the assay solutions as shown in 3 and 4 figures. Although linearity was achieved under all conditions examined (variance of either VCl<sub>3</sub> or Griess 20–100 μl), higher volumes of the VCl<sub>3</sub>/Griess are corresponded to higher absorbance values (Fig. 3 and 4).

**Time dependence.** In the presence of nitrite, the measured intensity rapidly reached a maximum (at 37°C). Reduction of nitrate by vanadium(III) proceeded at a much slower rate. That makes period between 30 and 45 min optimal for NO<sub>x</sub> detecting, at 37°C.



**Figure 3.** Effect of varied volume of VCl<sub>3</sub> on reduction and measurement of NO<sub>3</sub> standards after 30 min incubation at 37°C, using 5% HCl Griess reagent (100 μl



**Figure 4.** Effect of varied volume of 5% HCl Griess reagent on reduction and measurement of NO<sub>3</sub> standards, after 30 min incubation at 37°C (100 μl standard + 100μl VCl<sub>3</sub> + 20–100μl G(HCl)).

For expected concentrations of total NO<sub>x</sub> lower than 25 μM, incubation times should not exceed 30 minutes because longer incubations could cause appearance of artifacts.

**Clinical use.** Biological samples contain nitrates primarily, while nitrites can accumulate in cell cultures expressing NOS. Nitrates concentration calculated as difference between NO<sub>x</sub>, measured in presence of VCl<sub>3</sub> and Griess reagent, and NO<sub>2</sub> concentration, measured in presence of Griess reagent. Efficiency of NO<sub>3</sub> reduction into NO<sub>2</sub> is important for the precision method. Comparizing of NO<sub>3</sub> and NO<sub>2</sub> standard extinctions with an appropriate concentrations we concluded that converting efficiency was about 95%.

To confirm the validity of the assay, the measured levels of NO<sub>x</sub> in normal human sera were directly compared to those obtained by standard method with Griess only. Analysis by VCl<sub>3</sub>/Griess resulted in values from 1 to 20 μM NO<sub>3</sub>. The results obtained with Griess only were from 0 to 4 μM NO<sub>2</sub>. Both methods were conducted under identical conditions.

### CONCLUSIONS

We have reported a new modified method for simultaneous detection of NO<sub>3</sub> and NO<sub>2</sub> concentrations that involves reduction of NO<sub>3</sub> by vanadium(III) and detection of total values of endproducts of NO oxidation. A range of sensitivity from 0.5 μM to >1 M NO<sub>3</sub> can easily be accommodated by modifications in reagent composition, volume, temperature and incubation time.

The assay does not require specialized equipment and is suitable for large-number analysis of minimal sample volumes. Comparison with other assays demonstrates the sensitivity, rapidity, simplicity, accuracy and reliability of this convenient method for simultaneous measurement of NO<sub>3</sub> and NO<sub>2</sub> in biological samples.

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